



Glucose Tolerance Test Gestational

PROCEDURE FOR GESTATIONAL GLUCOSE TOLERANCE TEST

Fasting is not necessary.

Preferably performed at 28 weeks gestation.

Give 50 gms of glucola.

For non pregnant give 75 gms of glucola.

Draw 1 hour after glucola load.

Lithium heparin and clot tube must be spun within 2 hours for the integrity of the specimen.

Specimen stability: Ambient 8 hours. Refrigerated 7 days.